

Adham Al Dimashki

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Professional Summary

As a multidisciplinary academic and artist, I possess extensive experience in teaching **art criticism, creative writing, drama, and art therapy**. My professional journey includes **authoring poetry collections and theatrical texts, directing films and theatrical productions, and organizing cultural and artistic events**. I consistently strive to integrate my passion for education and the arts to create stimulating and inspiring learning and cultural environments.

Education and Training

- **PhD Candidate in Arts**, Higher Institute for Doctorate, Lebanese University (2022 - Present)
 - **Master's in Fine Arts**, Institute of Fine Arts, Lebanese University (2016)
 - **Bachelor's in Fine Arts**, Institute of Fine Arts, Lebanese University (2014)
 - **Diploma in Theater and Acting Arts**, Modern Theater School under the direction of Lebanese theater pioneer Mounir Abou Debs (2013)
 - **Bachelor's in Arabic Language and Literature**, Lebanese University (2008-2012, discontinued)
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Specialized Certificates and Workshops

- **Seven Training Certificates in Drama Therapy** from Catharsis, Lebanese Center for Drama Therapy, including:
 - Post-Traumatic Stress Disorder (PTSD) Management, led by Vanita Chandrasegaran (UK, USA, 2014)
 - Creative Arts Therapy, Exploring the Inner World Through Art, led by Dr. Heidi Pardo (2013)
 - Theater and Rituals, Drama Therapy with Specialized Groups, led by Dr. Alexas Ramsden (UK, 2012)
 - Healing Historical Wounds, Sociodrama Approach, led by Dr. Armando Volcas (USA, 2012)

- Playback Theatre (Therapeutic Improvisational Theatre), led by Dr. Armando Volcas (USA, 2012)
 - Drama Therapy with Specialized Groups, led by Dr. Jon Bergman (UK, 2012)
 - Introduction to Drama Therapy, led by Dr. Sally Bailey (USA, 2012)
 - **Two Volunteer Certificates** from workshops conducted at Roumieh Prison, in collaboration with Italian director Armando Ponzio, Catharsis (2009)
 - **Ongoing Expressive Dance Classes** with trainers: Souraya Baghdadi, Ali Chahrour, Bassam Abou Diab (2007 – 2024)
 - **Ongoing Music Classes** for the Trombone, Al Shoueir Music Association for Pride (2007 – 2009)
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Professional Experience

- **Professor of Art Criticism and Creative Writing**, Saint Joseph University of Beirut (USJ) (2022 - Present)
- **Professor of Drama, Art Therapy, and Self-Development**, AUB University for Seniors (2019 - Present)
- **Head of Arabic Language Department and Curriculum Development**, Mesrobian School – Bourj Hammoud (2024-2025)
- **Arabic Literature Teacher for Secondary Level**, Orthodox School of Annunciation, Beirut (2019 - Present)
- **Integration Coordinator and Arabic Literature Teacher for Secondary Level**, Al-Ahlia School, Beirut (2023 - Present)
- **Jury Member**, Beirut International Women Film Festival (2024)
- **Jury Member**, Arab Creators Oscar Competition in Literary Fields (2023 - 2025)
- **Jury Member**, World Art Collector Program (2021)
- **Coordinator of the Intuitive Creation Cinematic Lab**, directed by Lebanese filmmaker Muriel Abou El Rous (2021-2024)
- **Co-authored and Co-prepared a digital curriculum and textbook for Arabic Language and Grammar for 8th Grade**, Eduvation school network, affiliated with the Orthodox Archdiocese of Beirut (2016)
- **Co-authored and Co-prepared the Arabic Language textbook for 2nd Grade**, Samir Library (2021)
- **Produced and Filmed a series of videos for the "From Possible to Proficient" educational project** to empower learners in Arabic grammar, funded by "Momken" Association (2019)
- **Conducted Training Workshops titled "Active Learning and Generating Creative Energies in Learners"** in Lebanese and Arab schools (Since 2019)
- **Conducted Training Workshops focused on developing communication and persuasion skills** (2014 - Present)
- **Prepared and Presented Theater Workshops titled "Theater in the Service of Pastoral Work"** at Ikrilikiyeh Ghazir (2014 - 2018)
- **Presented Educational Workshops for School Students** as part of the Lebanese Book Festival, Antelias (Since 2014)
- **Invited Speaker** at various universities and schools to discuss his poetic works and publications.

- **Collaborated with the Head of Dar Al Arabia, Talal Al Hussaini**, to train students in Arabic poetry and its music as part of the project for teaching Arabic and artistic development in Arab and international universities and schools (2016)
- **Trained Students in Folk Poetry** as part of two projects implemented by the "Committee for the Protection of Intangible Heritage, Lebanese Ministry of Culture" in cooperation with UNESCO (2015 - 2016)
- **Arabic Language Teacher and Coordinator for Secondary Classes**, Patriarchal School – Rabweh and Beirut (2017-2020)
- **Arts Teacher and Coordinator**, Step Together School for Special Needs (2008-2011)
- **Arts Teacher and Coordinator**, St. George Secondary School – Khanashara (2010-2017)
- **Arts Teacher**, Sacred Hearts Sisters Schools, Mrouj and Shoueir (2010-2014)

Publications and Literary Works

- *Godot's Garden*, narrative theatrical text (2024)
- *Bed*, poetic narrative text, Nelson Publishers (1st Edition 2018, 2nd Edition 2024)
- *Neither Born Male Nor Female*, poetic narrative text accompanied by illustrations by artist Marwan Majaes, Dar Al Adab (1st Edition 2014), Nelson Publishers (2nd Edition 2024)
- *Untitled*, poetic narrative text, Nelson Publishers (2011)
- *If I Were God*, poetry, Dar Dargham (2009)
- **Foreword to the book "Sheikh Al Ouzla"** by poet Dr. Rabia Abi Fadel (2016)
- **Prepared and Presented the book "Studies on the Poet Khalil Hawi"** compiled by his students at the Faculty of Education, Nelson Publishers (2012)
- **Literary Articles** in various newspapers and magazines (Al-Adab, An-Nahar, As-Safir, Al-Akhbar, Ad-Diyar, etc.).
- **Art Critic** at Al-Akhbar Lebanese Newspaper (2025 - Present)
- **Critical Reading of the book "Aroma of Places"** by poet Dr. Ruba Saba Habib, Dar Dargham (2009)
- **Several Research Papers and Studies** written about his poetic works and theatrical and artistic productions.

Translated Publications

- *Bed*, in English, translated by Dr. William Taggart and Nadine Sannou.
- **Texts Translated into German, English, French, and Armenian:**
 - **German:** As part of a poetic anthology, prepared by the Arabic Language Department at the Institute of Asian and Oriental Studies – Faculty of Philosophy at the University of Bonn, and used as teaching material, translated by Dr. Sebastian Heine (2014).

- **Armenian:** Within the International Modern Poetry Festival in Karabakh-Armenia, organized by the Writers' Union in Karabakh-Armenia, translated by Dr. Sarkis Gergousian (2014).
- **French:** Translated by Dr. Ruba Saba Habib, book *Untitled*, Nelson Publishers (2011).

Awards and Recognitions

- **Gold Medal and Lebanon Cup with Distinction in Poetry**, Studio El Fan program (2010)
- **Gold Medal in Short Story Competition**, Lebanese Ministry of Culture (2008)
- **Certificate of Appreciation from the Ministries of Culture and Tourism in Sudan** for his participation in the Arab Poetry Festival and the Second International Tourism Festival in Khartoum (2014)
- **Cedar Tree planted in his name in "Writers' Forest, Chouf"**, as part of the project "We Plant the Tree and the Word Together," organized by Ibsar Center, American University of Beirut, and Nelson Publishers (April 28, 2012).
- **Honored by the Cultural Committee in his hometown of Sofar**, Municipal Palace (August 27, 2012).

In Painting, Installation, and Performance Art

- **Ashes for Collective Memory**, conceptual art therapy (2025 - Present)
- **Beirut Sparrow** – ongoing conceptual art project (Since 2023)
- **Bodrum Sparrow** – art project integrating plastic art and conceptual art within the Bodrum – Turkey Contemporary Art Exhibition (August 2022)
- **Solo Exhibition titled "Abit"** (April 2022)
- **Solo Exhibition titled "Anbar"** (June - August 2021)
- **Drawing and Cover Design for Studies Adopted in the Academic Curriculum of the Lebanese University** (e.g., Study of Sufi Tendency in Emigrant Literature, Dr. Rabia Abi Fadel, 2009)
- **"Bed": A Synthesized Performance and Installation Art Piece** (2016)
- **Drawing and Cover Design, and Interior Illustrations for Two Stories Adopted in School Academic Curricula** ("The Power of Love" and "Tales from the World" by Dr. Rabia Abi Fadel, Dar Al-Ebdaa, 2011)
- **Participation in Several Group Painting Exhibitions** (Since 2009)

In Short Films and Documentaries (Directing, Writing, and Producing)

- **Writing and Directing the Experimental Film "Weightlifting"** with actor Badih Abou Chacra (2025)
 - **Writing and Directing the Poetic Documentary Film "Dahab"** in collaboration with his mother Shukriya Azzam (2021)
 - **Writing and Directing the Short Film "PURR"** in collaboration with actor Tarek Qunaysh and a wild cat (2021)
 - **Directing the Film "Dust 1918"** based on Dr. Faten Al Marr's novel (2019)
 - **Producing the Documentary "Music of the Levant from Heritage to the Early Twentieth Century"** (2016)
 - **Producing the Documentary "Let's Not Forget, A Tribute to Composer Melhem Barakat and Lebanese Song"** (2016)
 - **Producing the Documentary "Places, for the Writer and Poet Elias Hawi"** (2016)
 - **Producing the Documentary "Qassouf's Nostalgia"** about the golden age memory of Al Qassouf Hotel in Dhour El Choueir (2015)
 - **Producing a Documentary on Some Illuminations of Wadih El Safi** (2014)
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In Acting

- **Writing and Directing the Play "Saj"** in collaboration with his mother Shukriya Azzam (2023)
 - **Writing and Directing the Play "Godot's Garden"** in collaboration with his dog Godot (2023)
 - **Writing and Directing the Poetic Musical Play "I Am the Wandering Bedouin"** in collaboration with singers Sindy Lata and Molham Khalaf (2016)
 - **Role of "Macbeth"**, Shakespeare's play translated by Antoine Karbage, directed by Mounir Abou Debs (2014)
 - **Role of a Statue in the Play "The Statue and the Dream"** written and directed by Mounir Abou Debs (2013)
 - **Acting and Writing the Play "Yalla Tnam"** (Performed in Hamra, Zico House, February 2013)
 - **Acting and Writing the Play "I Want to Choose My Death"** (Performed at Al Qassouf Hotel, Dhour El Choueir, September 2012)
 - **Role of the Sailor in the Play "The Hour of the Wolf"** written and directed by Mounir Abou Debs (Performed at West Hall, American University of Beirut, 2011)
 - **Lead Role in the Film "Marmar Zamani"** directed by Salim Murad and Aline Aouis under the supervision of George Hashem (2022)
 - **Lead and Supporting Roles in Several Short and Feature Narrative Films** (Since 2012)
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Special and Official Poetic and Artistic Evenings

- **Represented Lebanon Poetically in Several International Festivals:**
 - International Baroque Music and Poetry Festival, Cuxhaven, Germany (2021)

- International Modern Poetry Festival, Karabakh, Armenia (2015)
 - Poetry Festivals in Sudan, Khartoum (2014)
 - Poetry Evening in Jordan, under the patronage of the Lebanese Ambassador (2012)
 - **Performances of the Play "I Am the Wandering Bedouin"** at various venues (Grand Hotel-Sofar, Balamand University, Tyre Cultural Festivals, Beirut Forest Festivals, 2016)
 - **Special and Official Poetry Evenings** at Lebanese University - Zahle (2014), Babel Theatre (2013), Tenth Christian Exhibition (2011), Emigrants' Day Festivals in Shoueir (2011), Beirut Forest (2011), Bcharre (2011).
 - **Revival of "The Wedding of Poetry in Mount Lebanon"**, itinerant poetry evenings in collaboration with poets and singers (Spring 2010).
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Diverse Cultural and Social Activities

- **Transformed his home in Geitawi into a Cultural Center** hosting an artistic and cultural festival titled "Anbar and Godot's Garden" (2021 - Present)
- **Founder of the Cultural Gathering in Dhour El Choueir** (Literary Salon) (Since 2009)
- **Founder of Mirhata Cinema Club** for screening and discussing short films by young directors (Since 2015)
- **Founder of the Online Magazine "Skoun"** (www.skoun.net) (Ceased publication in 2015)
- **Member of the Administrative Board of the Cultural Movement in Lebanon** (2013)
- **Founder of "Kalemen" Magazine**, an educational and cultural magazine aimed at encouraging young talents in universities and schools (Published 2008-2009)
- **Parliamentary Election Monitor for 2008-2009** with LADE Association.
- **Head Observer and Organizer for the Private School Teachers' Syndicate Elections for 2008-2009** (LADE Association).
- **Represented the Central Lebanese University and its Branches** at a seminar organized by the Arab University in Beirut titled "Wildlife and the Modern Age" (March 2009).
- **Special Guest on Several Cultural Television and Radio Programs.**